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Self-Actualization among Jain Saints and Hindu saints

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ABSTRACT

The present investigation to find out the difference of Self Actualization between Jain Saints and Hindu Saints. The sample constructed of 400 Jain Saints and Hindu Saints. Out of them 120 Jain Male and Female Saints, 120 Hindu Male and Female Saints for this purpose of investigation. The research design is 2X2X2 factor factorial design. The IVs are (A) Religion has two levels (A1) Jain Saints; (A2) Hindu Saints, (B) Gender has two levels (B1) Male; (B2) Female, (C) Experience has also two levels (C1) 1 to 5 years and (C2) 6 to 10 years. The DV is Self Actualization scale developed by Sharma K.N. (2000) was administered to measure their Self actualization level. Scoring has been done as per manual. The data was analyzed by ANOVA. Result was found that, there is significant difference in the mean score of self-actualization among 1-5 years experiences and 6-10 years experienced saints. There is significant difference in the mean score of self-actualization among 1-5 years experienced Jain and Hindu saints, 6-10 years experienced Jain and Hindu saints, 1-5 years experienced Jain male and Hindu male saints, 1-5 years experienced Jain female and Hindu female saints, 6-10 years experienced Jain male and Hindu male saints, 6-10 years experienced Jain female and Hindu female saints, There is significant difference in the mean score of self-actualization among 1-5 years experienced Jain male and Jain female saints, 6-10 years experienced Jain male and Jain female saints., 1-5 years experienced Hindu male and Hindu female saints and also significant between 6-10 years experienced Hindu male and Hindu female saints.

Introduction:

India offered milder climatic conditions and where, agriculture was better developed than several other places in the neighbouring countries. Gradually, these people adopted the life style prevalent in India and that is how, it is a country made up of different kind of people and in real sense, it is a melting pot.

Jainism lays heavy emphasis on nonviolence (Ahimsa) and the believers of this religion, whether a monk or a householder are supposed to evolve to the