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## ADJUSTMENTBEETWEENWORKING ANDNON-WORKINGMOTHERSINADOLESCENT CHILDRENOF NORTH GUJARAT"

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#### **ABSTRACT**

The present investigation to find out the difference of adjustment between working and non-working mothers in adolescent children of north gujarat. The sample constructed of 240 adolescence children of working and nonworking mothers. out of which 120 adolescence children of working mother, 60 from nonworking mothers for this purpose of investigation. Adjustment stress scale developed by Smt.Ragini Dubey was administered to measure their adjustment stress level. Scoring has been done as per manual. The data was analyzed by statistical 't' test and correlation. Result was found that, there is significant difference in level of adjustment between working and non-working mothers in adolescent children of north gujarat. It was also found that, there is no significant difference between level of adjustment by cause of gender and standard.

Key words: Adjustment, adolescence Children, working and non-working mother.

#### Introduction:

Adjustment is one of the most important psychology activities of human beings. If any one wants satisfaction in life, they have to adjust themselves with their environment. Adjustment is precarious even changing balance between need and desires of the individual on the one hand demands of the environment or society on the other. "An adjusted persone learns what the status, quo is and then bends his personality and character to harmonize with it (Biggs and hunt.1958). Where inter actionist approach defines adjustment as a two way giving. Environment is modified but in the process, person also under goes modification (Bruce 1952).

It is a process through which a person maintains a balance between his needs and situations that effect need satisfaction(Bornin and langfield). According to coleman , adjustment is effectiveness of a person's efforts to adapt his need satisfaction to his environment.

Many problems of available in student's age. International students face a variety of adaptation challenges while studying in the United States and one of the goals of this qualitative study was to identify the kinds of problems that students of a mid-sized university faced. A second goal was to discover the kinds of behaviors and adjustment they used when faced with these problems.

Researchers have provided on understanding of the kinds of problems students have while adapting to students life, and one of the most discussed is problems with academic language. College students in a transitional period from late adolescence to early adulthood, meet quite a few new and ever complicated surroundings which they have never encountered before. They experience a wide variety of difficulties in making satisfactory adjustments of college life. Personality problems are frequently precipitated in college students by stresses met in attempted adjustment to perplexing situations. Therefore, college faculty and guidance personal should be aware of the concerns and problems of the students whom they serve. It the information about adjustment problems of college students is available and their needs and feelings are considered and understood, the professional staff in college will be in a better position to provide adequate education for students.

During the last three decals, increasing attention has been given to personality development and adjustment problems of college students. A growing number of studies have been directed toward exploring various aspects of college student's problems. Early Exploratory Approach to The Difficulties and worries of students.

One of the earliest studies of the problems bothering students was conducted by Borass (1917). He found that the most frequent difficulties, which upperclassmen had experience as froshmen, were due to the complicated college life and connected with scholastic work. Other investigations (Sperle, 1928; Strang, 1929;